



Become a Certified Life Coach. Transform Lives. Live Your Purpose.

## Let's Be Honest: You've Felt It for a While Now...

That quiet pull in your heart.

That whisper that says: "I'm meant for more."

Maybe you've ignored it, telling yourself you're too busy, not ready, or that it's just a dream.

But deep down... you know it's your calling.

### *You're here because:*

- You want to help others rise, and heal yourself in the process.
- You're ready to create a life of freedom, purpose, and abundance.
- You're tired of wondering "what if" and ready to actually do it.

The truth is... **you already have the heart of a coach.**

You just need the right tools, confidence, and business plan to turn it into a **thriving career.**

Even with the best intentions, most coaches never break through because:

- They rely on surface-level tactics instead of getting to the root.
- They lack a proven, repeatable method that works for any client.
- They get stuck in self-doubt, fearing they're "not ready" or "not good enough."
- They don't know how to attract paying clients consistently.

The result?

They burn out, lose confidence, and never create the impact or income they dreamed of.

## THE **EME** DIFFERENCE

The **EME Integration Method** transforms all three layers of a person's experience: **Emotions, Mind, and Energy.**

That's the root cause of every limitation, fear, and block.

When you shift all three, change isn't temporary... it's permanent.  
This isn't theory.

It's a love-centered, neuroscience-backed system that's helped thousands of people experience breakthroughs in just one session.

- 1. You Embody It First** – You experience your own transformation during training, so you coach from truth, not theory.
- 2. It's Proven** – Studied by scientists, doctors, and psychologists across the US and Europe, with results you can trust.
- 3. It's Complete** – You'll leave with the skills and the business blueprint to grow a profitable coaching practice.
- 4. It's Heart-Led** – We teach you how to enroll clients without being “salesy” – using authenticity and connection.

## What You'll Walk Away With

By the end of your EME journey, you'll have:

- ✓ International Certification in the EME methodology.
- ✓ The ability to confidently create deep, lasting transformation for any client.
- ✓ A fully launched coaching business with up to 5 income streams.
- ✓ Option for done-for-you marketing, sales, and client attraction tools.
- ✓ A global network of like-minded coaches and partners.
- ✓ A transformed YOU: aligned, confident, and living your purpose.

## 1 LIFE COACHING EDUCATION (9 MONTHS)

- EME Level 1 (4 MONTH TRAINING CURRICULUM )
- EME Level 2 (5 MONTH TRAINING CURRICULUM )

## 2 BUSINESS EDUCATION (5 MONTHS)

- Business Accelerator Training (3 MONTH TRAINING CURRICULUM)
- Business Mastery Training (2 MONTH TRAINING)
- Unlock 5 Business Income Streams
- License 3 of Our Programs & Keep 100% of Profits!
- Done For You Resources

## 3 MENTOR & SUPPORT

- Weekly training: receive weekly training
- Weekly coaching / Q&A sessions
- Accountability Partners
- Virtual Live Events based on program

**1****LIFE COACHING EDUCATION (9 MONTHS)****EME Level 1****4 MONTH TRAINING CURRICULUM**

- Go through the 4-month accredited curriculum for learning how to create instant and lasting transformation for yourself and for others.
- Learn how to do 1-on-1 coaching
- Learn coaching tools for reprogramming the mind, emotions, and energy for success and happiness.
- Learn tools to overcome the resistance and obstacles that hold most coaches back.
- 2-Day Virtual Event: Learn the 7-Step EME Integration Formula for a Successful Session Everytime.
- Accredited By National Board of Certified Counselors.

**EME Level 2****5 MONTH TRAINING CURRICULUM**

- Go through the 5-month curriculum designed to help you learn advanced life coaching techniques and practices for accelerated results.
- Learn how to leverage your time with a group coaching model.
- Learn how to reprogram the mind, emotions, and energy in less time with advanced techniques.
- Proven principles for getting your clients out of the box so they get decades of growth in days.
- Step into your potential and learn how to lead people in small and big events.
- Overcome “imposter syndrome” and “self sabotage” so you can fully step into your purpose and shine your light.
- Virtual Summit: Become an Expert and Step Into Your Purpose Work: We provide the audience, you provide the training and conduct your very own lesson in an Authentic Living hosted Summit!
- Not yet accredited, but in the process of exploring accreditation this year!

**2 BUSINESS EDUCATION (5 MONTHS)****Business Accelerator Training**

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**3 MONTH TRAINING**

- 90-Day Business/Marketing Plan: Launch your life coaching business and start getting clients.
- Learn and master the 1-on-1 coaching offer.
- How to become an authority in your field in 90 days.
- Learn organic marketing strategies designed to attract dream clients.
- Learn our heart-centered enrollment process to turn prospects into clients.
- Learn how to deliver a powerful 2-month coaching program that gets your clients results.
- 3-Day virtual workshop designed to get momentum and results for your business on the spot.

**Business Mastery Training**

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**2 MONTH TRAINING**

- Unlock several income streams that could grow your business to 6-figures and beyond.
- Learn proven marketing strategies for filling up your retreats, events, and workshops.
- Learn advanced enrollment strategies for enrolling clients without getting on the phone.
- Learn advanced strategies for becoming an authority in your field so you can easily command higher prices.
- Learn our "client ascension" model so your clients keep coming back to you, and happily refer people to you.

**2****BUSINESS EDUCATION (5 MONTHS)**

## Unlock 5 Business Income Streams

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- 1-on-1 Business – training & curriculum provided.
- VIP Day – training and curriculum provided.
- Group coaching – training & curriculum provided.
- Workshops / Events – training and curriculum provided.
- Digital Programs – our programs you can license and keep 100% of the profits

## License 3 of Our Programs & Keep 100% of Profits!

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- Authentic Creation – training time included in package
- 6-Week “Self-Coaching Program” – training and curriculum provided. (Additional training time needed to be able to unlock this profit center. Included w/ purchase just more time needed to be trained to sell it)
- Mandy 365 – year long program you can license and keep 100% of profits. (Additional training time needed to be able to unlock this profit center. Included w/ purchase just more time needed to be trained to sell it)

## Done For You Resources

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- “4 Steps to Attracting Your Dream Life”: power point slides done for you. You can use this to start getting clients.
- Heart-centered enrollment script: proven 7-step process for turning prospects into clients without being salesy.
- Marketing Templates: plug and play social media posts you can use to promote your business.
- Done For You Coaching Website: Simple and proven 3-page EME website that our team will help setup for you. We will provide you with a website template you can use to start attracting clients online. Just “fill in the blanks.

**3****MENTOR & SUPPORT**

- **Weekly training: receive weekly training**
- **Accountability Partners**
- **Weekly coaching / Q&A sessions**
- **Virtual Live Events based on program**

Your tuition includes:

**LIFE COACHING EDUCATION (9 MONTHS)**

**BUSINESS EDUCATION (5 MONTHS)**

**MENTOR & SUPPORT**

**TOTAL TUITION: ~~\$39,999~~**

**CHALLENGE SPECIAL OFFER:**

**\$30,999**

*(PAY IN FULL)*

**SAVING YOU \$9,000**

**SECURE YOUR SPOT NOW WITH A DEPOSIT**

**1****LIFE COACHING EDUCATION (4 MONTHS)**

- **EME Level 1 (4 MONTH TRAINING CURRICULUM )**

**2****BUSINESS EDUCATION (3 MONTHS)**

- **Business Accelerator Training (3 MONTH TRAINING CURRICULUM)**
- **Unlock 2 Business Income Streams**
- **License 1 of Our Programs & Keep 100% of Profits!**
- **Done For You Resources**

**3****MENTOR & SUPPORT**

- **Weekly training: receive weekly training**
- **Weekly coaching / Q&A sessions**
- **Accountability Partners**
- **Virtual Live Events based on program**

## 1

### LIFE COACHING EDUCATION (4 MONTHS)

#### EME Level 1

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#### 4 MONTH TRAINING CURRICULUM

- Go through the 4-month accredited curriculum for learning how to create instant and lasting transformation for yourself and for others.
- Learn how to do 1-on-1 coaching
- Learn coaching tools for reprogramming the mind, emotions, and energy for success and happiness.
- Learn tools to overcome the resistance and obstacles that hold most coaches back.
- 2-Day Virtual Event: Learn the 7-Step EME Integration Formula for a Successful Session Everytime.
- Accredited By National Board of Certified Counselors.

## 2

### BUSINESS EDUCATION (3 MONTHS)

#### Business Accelerator Training

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#### 3 MONTH TRAINING

- 90-Day Business/Marketing Plan: Launch your life coaching business and start getting clients.
- Learn and master the 1-on-1 coaching offer.
- How to become an authority in your field in 90 days.
- Learn organic marketing strategies designed to attract dream clients.
- Learn our heart-centered enrollment process to turn prospects into clients.
- Learn how to deliver a powerful 2-month coaching program that gets your clients results.
- 3-Day virtual workshop designed to get momentum and results for your business on the spot.

## 2

## BUSINESS EDUCATION (3 MONTHS)

### Unlock 2 Business Income Streams

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- 1-on-1 Business – training & curriculum provided.
- Digital Programs – our programs you can license and keep 100% of the profits

### License One of Our Programs & Keep 100% of Profits!

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- Authentic Creation – training time included in package

### Done For You Resources

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- “4 Steps to Attracting Your Dream Life”: power point slides done for you. You can use this to start getting clients.
- Heart-centered enrollment script: proven 7-step process for turning prospects into clients without being salesy.
- Marketing Templates: plug and play social media posts you can use to promote your business.
- Done For You Coaching Website: Simple and proven 3-page EME website that our team will help setup for you. We will provide you with a website template you can use to start attracting clients online. Just “fill in the blanks.”

## 3

## MENTOR &amp; SUPPORT

- Weekly training: receive weekly training
- Weekly coaching / Q&A sessions
- Accountability Partners
- Virtual Live Events based on program



## STARTER PACKAGE (7 MONTH JOURNEY)

Your tuition includes:

**LIFE COACHING EDUCATION (4 MONTHS)**

**BUSINESS EDUCATION (3 MONTHS)**

**MENTOR & SUPPORT**

**TOTAL TUITON: ~~\$18,999~~**

**CHALLENGE SPECIAL OFFER:**

**\$14,999**

*(PAY IN FULL)*

**SAVING YOU \$4,000**

**SECURE YOUR SPOT NOW WITH A DEPOSIT**



*"I'm feeling so excited about all the tools I have learned to serve people in their lives"*

"The Program has been nothing but enriching for me on so many levels, learning about myself, healing parts of myself, sharing my deepest thoughts and emotions with complete 'strangers' who make you feel safe, who don't judge you, who support you in your most vulnerable moments and love you through them... I've found a complete new family of people, of soul sisters who speak the same language..and it's been a wonderful experience. Besides that I'm feeling so excited about all the tools I have learned to serve people in their lives and help them change things they're struggling with, nothing is more rewarding to me. Mandy's methods are grounded in science, psychology and intuition and are the most solid way to create change in your life and others." – Judy



*"I have raised my own vibration immensely because coaching others is so rewarding"*

"If you're someone who feels empathy for others and wants to help them rise above their struggles, but you don't know how or where to begin, you are in the right place! At the very least, the program will positively shift you personally, as well as your loved ones. You can make as much of it as your heart tells you! You can enrich your existing business or create a new revenue stream. I underwent surgery at the beginning of the coaching program and felt I had to get to a better place personally before I continued, and I discovered that coaching others proved to be the best medicine ever! I have raised my own vibration immensely because coaching others is so rewarding. I am so blessed to be a part of this program and to get to know the wonderful pure-hearted souls in this community. Everything you do creates a ripple effect and you can touch so many lives with the knowledge you will gain." – Danielle



*"This program has truly been exciting, fulfilling, and freeing"*

"This program has truly been exciting, fulfilling, and freeing. It has been a blessing in my life and I have met some really fantastic people along the way that I LOVE to call my SOUL FAMILY! I am exhilarated by helping other release old programming, baggage, and beliefs and see them begin to SHINE like they were meant to their whole life! I am ever so grateful to have had the opportunity to get reconnected with my intuition, to other people, and to LIFE! Serving others in this capacity is a FEELING like no other! LOVE exudes from ME to others and I see/feel it shining back at me! What an absolute JOY! I look forward to each and every moment! I AM BACK ... intuition pinging like crazy, just BEING ME, LOVING every minute, and filled with BLISS! Words cannot truly express how I really feel. I AM FOREVER GRATEFUL!!!" – Shannon



- EME Level 1 Certification
- Business Accelerator Training
- 2 income streams unlocked
- License 1 of our programs (keep 100% profits)
- Done-for-you marketing & sales assets

## INVESTMENT:

**\$14,999**  
**(PAY IN FULL)**



- EME Level 1 & Level 2 Certification
- Business Accelerator & Business Mastery
- 5 income streams unlocked
- License 3 of our programs (keep 100% profits)
- Advanced Done-for-you marketing & sales assets

## INVESTMENT:

**\$30,999**  
**(PAY IN FULL)**

**SECURE YOUR SPOT NOW WITH A DEPOSIT**

*Payment Plans Available. Lock In Your Spot with a Deposit and our Success Advisor will contact you to find the option that works for you.*

**Step 1:** Click the button below to reserve your spot with a deposit.

**Step 2:** One of our Success Advisors will contact you to find the payment option that works for you.

**Step 3:** We'll map out your goals and see if EME Academy is the right fit. If it's aligned, you'll reserve your spot in the upcoming class!

## SECURE YOUR SPOT NOW WITH A DEPOSIT

*(Once the door closes, the opportunity is gone.)*

You don't need to have it all figured out.

You just need to be willing to say yes to what's been tugging at your heart.

Because the breakthrough?

It starts here.

I'd love to walk this journey with you.

In case no one has told you today...

You're ready. And you are so, so loved!

